

St. Peter School Lunch Menu

JANUARY 2021

This institution is an equal opportunity provider.

Approved by Barbara Myers RD, LD/N

Serving Sizes are as follows:

School Age – m/ma 2oz, fruit ½ c, vegetables ¼ c, grain 1oz, 8oz Plain or Chocolate 1% Milk



Monday	Tuesday	Wednesday	Thursday	Friday
				January 1 NO SCHOOL
January 4 L: Turkey Sausage French Toast Breakfast Potatoes Fruit Milk	January 5 L: SunButter & Jelly Sandwich Carrot Sticks Ranch Dressing Fruit Milk	January 6 L: Beef and Cheese Soft Taco Corn Fruit Milk	January 7 L: Turkey Ham Steak Rice Pilaf Roasted Sweet Potatoes Fruit Milk	January 8 Flat Bread Pizza Carrot Sticks Fruit Milk
January 11 L: Hamburger w/ American Cheese WG Bun Potato Wedges Ketchup Fruit Milk	January 12 L: Chicken Caesar Wrap Fruit Milk	January 13 L: Mac and Cheese Cooked Broccoli Fruit Milk	January 14 L: Open Faced Roasted Turkey Sandwich with Gravy Roasted Sweet Potatoes Fruit Milk	January 15 Early Dismissal
January 18 School Holiday	January 19 L: Meatball Parm WG Garlic Toast Mixed Veg Fruit Milk	January 20 L: BBQ Chicken Macaroni Salad Green Beans Fruit Milk	January 21 L: Baked Veggie Cheese Ziti Cooked Broccoli Fruit Milk	January 22 Flat Bread Pizza Carrot Sticks Fruit Milk
January 25 L: Chicken & Cheese Quesadilla Green Beans Fruit Milk	January 26 L: WG Chicken Patty Sandwich WG Sandwich Bun Mixed Vegetables Fruit Milk	January 27 L: Grilled Chicken WG Dinner Roll Potato Wedges Fruit Milk	January 28 L: BBQ Meatballs Brown Rice Peas Fruit Milk	January 29 Flat Bread Pizza Carrot Sticks Fruit Milk

WG = Whole Grain

Fruit options vary when in season and will be rotated based on availability: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos