



St. Peter School

Lunch Menu

December 2021

This institution is an equal opportunity provider

Individual Meals Menu

Approved by Haley Havighurst, RDN

Serving Sizes are as follows:

K - 5th Grade – Meat/MA 2oz, Grain 2oz, Vegetable ¼ cup, Fruit ½ cup, Low Fat or 1% unflavored or flavored milk 8oz

6th – 8th Grade - Meat/MA 2oz, Grain 2oz, Vegetable ¼ cup, Fruit ½ cup, Low Fat or 1% unflavored or flavored milk 8oz

Monday	Tuesday	Wednesday	Thursday	Friday
November 29 Swedish Meatballs WG Buttered Noodles Corn Fruit Milk	November 30 Grilled BBQ Chicken WG Dinner Roll Green Beans Fruit Milk	December 1 Turkey & Cheese Sandwich Whole Grain Sandwich Roll Tomato/Cucumber Salad Fruit Milk	December 2 Chicken Nuggets Potato Wedges Ketchup Fruit Cocktail Milk	December 3 <p style="text-align: center;">Early Dismissal</p>
December 6 Yogurt Plain Bagel w/ Cream Cheese Carrot Sticks/Cooked Carrots Ranch Dressing Fruit Milk	December 7 Mac and Cheese w/ WG Pasta Cooked Broccoli Fruit Milk	December 8 Turkey Ham & Cheese Sandwich WG Sandwich Roll Tomato/Cucumber Salad Fruit Milk	December 9 Beef BBQ WG Sandwich Roll Potato Wedges Ketchup Fruit Milk	December 10 WG Cheese Pizza with Breakfast Turkey Sausage String Cheese Carrot Sticks/ Peas Ranch Dressing Fruit Milk
December 13 Turkey & Cheese on WW Bread Mayonnaise Carrot Sticks (Peas) Ranch Dressing Fruit Milk	December 14 BBQ Meatballs Buttered Noodles Green Beans Fruit Milk	December 15 Grilled Chicken Garden Salad w/ Cheese & Tomato Ranch Dressing Dinner Roll w/ Butter Fruit Milk	December 16 Egg, Cheese, Turkey Sausage on WG Bagel Hash Brown Fruit Milk	December 17 WG Cheese Pizza Carrot Sticks/Peas Ranch Dressing Fruit Milk
December 20 WG Chicken Nuggets Tator Tots Ketchup Fruit Milk	December 21 Scrambled Eggs w/ Cheese on WG English Muffin Hash Brown Fruit Milk	December 22 Turkey and American on WG Bun Mayo Side Garden Salad w/ Italian Dressing (<i>Diced and Peeled Cucumber</i>) Fruit Milk	December 23 <p style="text-align: center;">Early Dismissal</p>	December 24 <p style="text-align: center;">School Holiday</p>
December 27	December 28	December 29	December 30	December 31
CHRISTMAS VACATION				

WG = Whole Grain

Fruit options vary when in season and will be rotated based on availability: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos