



Lunch Menu

April 2022

This institution is an equal opportunity provider.

Approved by Haley Havighurst, RDN

Serving Sizes are as follows:

K - 5th Grade – Meat/MA 2oz, Grain 2oz, Vegetable ¼ cup, Fruit ½ cup, Low Fat or 1% unflavored or flavored milk 8oz

6th – 8th Grade - Meat/MA 2oz, Grain 2oz, Vegetable ¼ cup, Fruit ½ cup, Low Fat or 1% unflavored or flavored milk 8oz

9th – 12th Grade – Meat/MA 2oz, Grain 2oz, Vegetable 1 cup, Fruit 1 cup, Low Fat or 1% unflavored or flavored milk 8oz

Monday	Tuesday	Wednesday	Thursday	Friday
				April 1 Early Dismissal
April 4 Turkey & Cheese on WW Bread Mayonnaise Carrot Sticks (Cooked Peas) Ranch Dressing Fruit Milk	April 5 Grilled Chicken WG Pasta w/ Sauce Broccoli Carrots Fruit Cocktail Milk	April 6 Roast Beef and American Cheese WG Sandwich Roll Coleslaw Carrot Sticks Fruit Milk	April 7 Turkey Sausage WG French Toast Breakfast Potatoes Fruit Milk	April 8 WG Cheese Pizza Stick String Cheese (3-5 Year Old) Cooked Carrots Corn Fruit Milk
April 11 Swedish Meatballs WG Dinner Roll Corn Peas Fruit Milk	April 12 Turkey Ham and Cheese on WW Bread Mayo Carrot Sticks w/ Ranch Tomato/Cucumber Salad Fruit Milk	April 13 Grilled Chicken Garden Salad w/ Cheese & Tomato Ranch Dressing WG Dinner Roll w/ Butter Fruit Milk	April 14 Holy Thursday No School	April 15 Good Friday No School
April 18	April 19	April 20	April 21	April 22
E A S T E R V A C A T I O N				
April 25 Roast Turkey w/ Gravy WW Bread Peas & Carrots Fruit Milk	April 26 Macaroni & Cheese w/ WG Pasta Green Beans Cooked Carrots Fruit Milk	April 27 Cheese Sandwich on WW Bread Carrot Sticks (cooked carrots) Tomato Cucumber Salad Ranch Dressing Fruit Milk	April 28 Chicken Patty Sandwich WG Sandwich Roll Sweet Potato Tots Green Beans Fruit Milk	April 29 WG Cheese Pizza Stick String Cheese (3-5 Year Old) Cooked Carrots Corn Fruit Milk

WG = Whole Grain

Fruit options vary when in season and will be rotated based on availability: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos